

# YMCA Snack Menu

November 2018

29

Pretzel Goldfish

30

Banana Muffin

31

Red Delicious Apple

1

Strawberry Frosted  
PopTart

2

Funyuns (Baked)

5

Blueberry Muffin

6

Raspberry Yogurt

7

Carnival Cookie

8

Bagel w/Grape Jelly

9

Nacho Cheese  
Doritos

12

Heartzels

13

Ultimate Breakfast  
Round

14

Chocolate Muffin

15

Baby Carrots  
Ranch Dressing

16

Crunchy Baked  
Cheetos

## Have A Happy Fall Break!



26

Apple Cinnamon  
Muffin

27

Chocolate Chip Gripz

28

Trix Cereal Bowl

29

Chocolate Chip  
Cookie

30

Cool Ranch Doritos

