

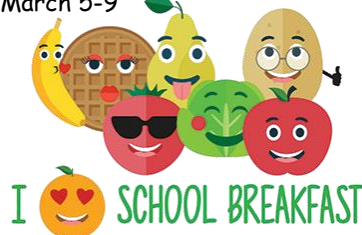
High School Breakfast Menu

March 2018

A FUN Breakfast can also be a HEALTHY breakfast!

- *All menus meet USDA regulations that limit calories, saturated fat, Trans fat and sodium
- *All grains served are WHOLE GRAINS; many are reduced fat and/or reduced sugar
- *Even our Chocolate Chip Cookie Donut is made with a whole grain donut & WG reduced fat cookies, so they meet USDA healthy nutritional requirements!

National School Breakfast Week
March 5-9



1

Grilled Ham & Cheese Half

Country Chicken Muffin

2



5

Lucky Charms Donut



Ham & Cheese Biscuit

I SCHOOL BREAKFAST

6

Apple-Orange Smoothie

Cheesy Egg & Bacon Flatbread Sandwich

I SCHOOL BREAKFAST

7

Cheesy Omelet with Hash Brown Patty

Vanilla Glazed Donut

I SCHOOL BREAKFAST

8

Bacon, Tomato & Egg Breakfast Pizza

Sausage & Cheese Muffin

I SCHOOL BREAKFAST

9

Chocolate Chip Cookie Donut



Egg & Cheese Bagel Sandwich

I SCHOOL BREAKFAST

12

Breakfast Corn Dog

Cinnamon Sugar Donut

13

Mini French Toast

Sausage & Cheese English Muffin

14

Cherry Frudel

Chocolate Glazed Donut

15

Cinnamon Ultimate Breakfast Round

Country Chicken Biscuit

16

Powdered Sugar Donut

Egg & Cheese Bagel Sandwich

19

Mini Maple Waffles

Glazed Donut

20

Make it a Melt!

Meatball Breakfast Pizza Donut Melt

Cinnamon Roll

21

Apple Frudel

Cinnamon Sugar Donut

22

Strawberry Pancakes

Ham & Cheese Biscuit

23

Chocolate Glazed Donut

Egg & Cheese Bagel Sandwich

SPRING BREAK!

Offered Daily

*Chilled Fruit & 100% Fruit Juice

*Egg & Cheese Muffin or Sausage Egg & Cheese Muffin

*Variety of Pop-Tarts, Muffins, Cereal, Cereal Bars, Granola Bars, Crackers & Yogurt

Milk Choices

- *1%
- *Fat Free, Unflavored
- *Chocolate Fat Free
- *Strawberry Fat Free

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www.mypaymentsplus.com

Breakfast Meal:	\$1.50
Reduced Meal:	\$0.30
Adult Meal:	\$2.00
Milk (only):	\$0.50
Ala carte side:	\$0.60
Ala carte entree:	\$1.75