

Boys and Girls Club Dinner Menu

December 2017

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| <p>27</p> <p>Chicken Patty Sandwich Steamed Broccoli Diced Peaches Low-Fat or Skim Milk</p> | <p>28</p> <p>Salisbury Steak w/Gravy & Breadstick Sweet Corn Diced Pears Low-Fat or Skim Milk</p> | <p>29</p> <p>Pepperoni Pizza Cucumber Slices With Ranch Dressing Pineapple Tidbits Low-Fat or Skim Milk</p> | <p>30</p> <p>Cheeseburger Kickin' Pintos Banana Low-Fat or Skim Milk</p> | <p>1</p> <p>Hot Dog Green Beans w/Carrots Mixed Berry Applesauce Low-Fat or Skim Milk</p> |
| <p>4</p> <p>Chicken Nuggets Breadstick Tossed Salad with Ranch Dressing Diced Pears Low-Fat or Skim Milk</p> | <p>5</p> <p>Meatball Sub Green Beans Banana Low-Fat or Skim Milk</p> | <p>6</p> <p>Max Snack Pizza Sticks with Marinara Sweet Corn Mandarin Oranges Low-Fat or Skim Milk</p> | <p>7</p> <p>BBQ Pork Riblet Sandwich Steamed Carrots Diced Peaches Low-Fat or Skim Milk</p> | <p>8</p> <p>Fish Sticks Breadstick Baked Beans Applesauce Low-Fat or Skim Milk</p> |
| <p>11</p> <p>Cheese Pizza Garden Peas Diced Pears Low-Fat or Skim Milk</p> | <p>12</p> <p>Fish Sticks Baby Carrots with Ranch Dressing Diced Peaches Low-Fat or Skim Milk</p> | <p>13</p> <p>Mini Corn Dogs Baked Beans Mandarin Oranges Low-Fat or Skim Milk</p> | <p>14</p> <p>Popcorn Chicken Breadstick Mashed Potatoes Applesauce Low-Fat or Skim Milk</p> | <p>15</p> <p>Breaded Mozzarella Sticks with Marinara Green Beans Banana Low-Fat or Skim Milk</p> |
| <p>18</p> <p>Chicken Tenders with Breadstick Sweet Corn Diced Peaches Low-Fat or Skim Milk</p> | <p>19</p> <p>Cheeseburger Green Beans Diced Pears Low-Fat or Skim Milk</p> | <p>20</p> <p>Hot Dog Baked Beans Mandarin Oranges Low-Fat or Skim Milk</p> | <p>21</p> <p>Ham & Cheese Sandwich Celery Sticks with Ranch Dressing Peach Mango Applesauce Low-Fat or Skim Milk</p> | <p>22</p> <p>WINTER BREAK</p> |



Enjoy your
Winter Break!



Eat smart
to **Play Hard**



**Eat fruits & veggies
at meals & for snacks**

Eat smart
to **Play Hard**



**Drink milk
at meals**