

AM Circle of Friends Menu

May 2017

1

Chocolate Chip UBR
(44g carbohydrate)

100% Apple Juice
(14g carbohydrate)

W M S E

2

Scooby Doo
Cinnamon Grahams
(21g carbohydrate)

1% Milk
(11g carbohydrate)

W S M

3

French Toast
Crunchmania
(37g carbohydrate)

100% Fruit Juice
(14g carbohydrate)

W S M

4

Krave S'mores
Cereal Pouch
(21g carbohydrate)

1% Milk
(11g carbohydrate)

W S M

5

Chocolate
Elf Grahams
(20g carbohydrate)

100% Apple Juice
(14g carbohydrate)

W S

8

Cinnamon Dazzle UBR
(44g carbohydrate)

100% Fruit Juice
(14g carbohydrate)

W M S E

9

Apple Muffin
(31g carbohydrate)

100% Fruit Juice
(14g carbohydrate)

W E S

10

Cinnamon Toast
Crunch Bar
(30g carbohydrate)

100% Apple Juice
(14g carbohydrate)

W S

11

Fresh Apple
(16.5g carbohydrate)

1% Milk
(11g carbohydrate)

M

12

Frosted Fudge
Poptart
(38g carbohydrate)

100% Fruit Juice
(14g carbohydrate)

W S M

15

Krave S'mores Cereal
Pouch
(21g carbohydrate)

100% Fruit Juice
(14g carbohydrate)

W S M

16

Cheerios
(20g carbohydrate)

1% Milk
(11g carbohydrate)

M

17

Bug Bites Graham
Crackers
(21g carbohydrate)

100% Orange Juice
(12g carbohydrate)

W S M

18

Blueberry Muffin
(30g carbohydrate)

100% Apple Juice
(14g carbohydrate)

W E S

19

Froot Loops
(24g carbohydrate)

1% Milk
(11g carbohydrate)

W S M

22

Cinnamon Bun
Crunchmania
(37g carbohydrate)

100% Apple Juice
(14g carbohydrate)

W M S

23

Trix Cereal Bar
(30g carbohydrate)

100% Fruit Juice
(14g carbohydrate)

W S

24

Apple Jacks
(24g carbohydrate)

1% Milk
(11g carbohydrate)

W M

25

Banana Muffin
(31g carbohydrate)

1% Milk
(11g carbohydrate)

W M S E



SUMMER

Allergen Code:

M – Milk
E – Egg
S – Soy
W – Wheat
P – Peanuts
T – Tree Nuts

If your student has any allergies or special dietary restrictions, please contact the Aramark office at

847-551-8485