

Boys and Girls Club Snack Menu

April 2018

2

- Goldfish Crackers
- 100% Apple Juice

3

- Red Delicious Apple
- Cheese Stick

4

- Chocolate Muffin
- Low-Fat Milk

5

- Cheese Cubes
- Saltine Crackers

6

- Raspberry Yogurt
- Pretzel Rod

9

- Banana Muffin
- Low-Fat Milk

10

- Cheese Stick
- Saltine Crackers

11

- Pretzel Goldfish
- 100% Orange Juice

12

- Strawberry Banana Yogurt
- Red Delicious Apple

13

- Cheez-It Crackers
- Cheese Stick

16

- Raspberry Yogurt
- 100% Apple Juice

17

- Sun Chips Harvest Cheddar Snack Mix
- Low-Fat Milk

18

- Apple Cinnamon Muffin
- Low-Fat Milk

19

- Cheese Cubes
- Saltine Crackers

20

- Goldfish Crackers
- 100% Orange Juice

23

NO SCHOOL

24

- Cheez-It Crackers
- 100% Apple Juice

25

- Chocolate Muffin
- Low-Fat Milk

26

- Red Delicious Apple
- Cheese Stick

27

- Pretzel Goldfish
- Low-Fat Milk

30

- Blueberry Muffin
- Low-Fat Milk



Eat smart
to **Play Hard**



Eat fruits & veggies
at meals & for snacks

Eat Smart
to **Play Hard**

Drink milk
at meals

