

YMCA Snack Menu

August 2017

14

No School – Last Day of Summer Vacation



15

• Heartzel Pretzels

16

• Strawberry Pop-Tart

17

• Baby Carrots w/
Ranch Dressing

18

• Nacho Cheese Doritos

21

• Blueberry Muffin

22

• Red Delicious Apple

23

• Animal Crackers

24

• Scooby Doo Fruit Snacks

25

• White Cheddar Popcorn

28

• Elf Chocolate Grahams

29

• Cheez-It Crackers

30

• Cocoa Puffs Cereal Bar

31

• Celery Sticks w/
Ranch Dressing

1

• SunChip Harvest Cheddar Snack Mix



An average apple tree produces between 150 and 350 apples every year.

When is an apple a grouch?

Answer:

When it's a crab apple!!

