

Pre-K Snack Menu

May 2018

30

- Blueberry Muffin
- Low-Fat Milk

1

- Cheez-It Crackers
- 100% Fruit Juice

2

- Sun Butter
- Apple Slices

3

- Pretzel Rod
- Mandarin Oranges

4

- Cottage Cheese
- Peaches

7

- Apple Slices
- Cheese Stick

8

- Chocolate Muffin
- Low-Fat Milk

9

- Goldfish Crackers
- Baby Carrots

10

- Hartzels
- 100% Apple Juice

11

No School



14

- Pretzel Goldfish
- 100% Orange Juice

15

- Cheese Stick
- Saltine Crackers

16

- Blueberry Muffin
- Low-Fat Milk

17

- Strawberry Banana Yogurt
- Banana

18

- Cheez-It Crackers
- 100% Fruit Juice

21

- Raspberry Yogurt
- 100% Apple Juice

22

- Apple Slices
- Sun Butter

23

- Banana Muffin
- Low-Fat Milk

24

- Pretzel Goldfish
- 100% Orange Juice

25



Eat smart
to **Play Hard**



Eat fruits & veggies
at meals & for snacks

Eat Smart
to **Play Hard**



Drink milk
at meals