

Pre-K Lunch Menu

April 2018

2

Ham & Cheese Sdw. Half
Cheese Stick

Diced Pears
Baby Carrots

Low-Fat or Skim Milk

3

Turkey & Cheese Sdw Half

Mixed Fruit
Green Pepper Strips

Low-Fat or Skim Milk

4

Turkey-Bologna &
Cheese Sandwich Half
Cheese Stick

Banana
Cucumber Slices

Low-Fat or Skim Milk

5

Yogurt, Cheese Stick
Saltine Crackers

Diced Peaches
Garbanzo Beans

Low-Fat or Skim Milk

6

Egg Chef Salad
Soft Pretzel Rod

Applesauce

Low-Fat or Skim Milk

9

Turkey & Cheese Sdw Half

Diced Pears
Baby Carrots

Low-Fat or Skim Milk

10

Fruit & Cheese Plate
(Tossed Salad with Cheddar
Cheese and Sliced Apples)

Goldfish Crackers

Low-Fat or Skim Milk

11

Sun Butter Sandwich Half

Banana
Cucumber Slices

Low-Fat or Skim Milk

12

Ham & Cheese Sdw. Half
Cheese Stick

Diced Peaches
Garbanzo Beans

Low-Fat or Skim Milk

13

Hard Boiled Egg
Saltine Crackers

Applesauce
Fresh Broccoli

Low-Fat or Skim Milk

16

Turkey-Bologna &
Cheese Sandwich Half
Cheese Stick

Diced Pears
Baby Carrots

Low-Fat or Skim Milk

17

Egg Chef Salad
Dinner Roll

Mixed Fruit

Low-Fat or Skim Milk

18

Turkey & Cheese Sdw Half

Banana
Cucumber Slices

Low-Fat or Skim Milk

19

Cottage Cheese
Cheese Stick
Saltine Crackers

Diced Peaches
Garbanzo Beans

Low-Fat or Skim Milk

20

No School



23

No School



24

Turkey & Cheese Sdw Half

Mixed Fruit
Green Pepper Strips

Low-Fat or Skim Milk

25

Ham & Cheese Sdw. Half
Cheese Stick

Banana
Cucumber Slices

Low-Fat or Skim Milk

26

Fruit & Cheese Plate
(Tossed Salad with Cheddar
Cheese and Sliced Apples)

Pretzel Goldfish

Low-Fat or Skim Milk

27

Turkey-Bologna &
Cheese Sandwich Half
Cheese Stick

Applesauce
Fresh Broccoli

Low-Fat or Skim Milk

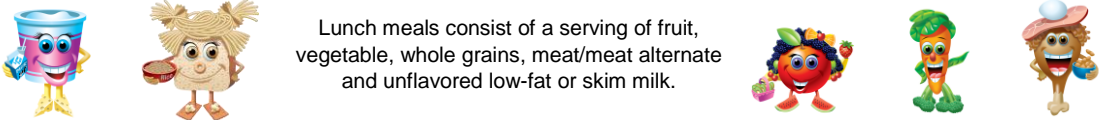
30

Soft Pretzel Rod
Sun Butter

Diced Pears
Baby Carrots

Low-Fat or Skim Milk

What Make a Meal?



Lunch meals consist of a serving of fruit, vegetable, whole grains, meat/meat alternate and unflavored low-fat or skim milk.

Students must take all items to make a meal.

Prices:

Lunch Meal \$ 2.85
Reduced Lunch..... \$.40

Your student may be eligible for free or reduced price meals. Check the D300 website or contact your school office for more information.