

# Pre-K Lunch Menu

## May 2018

**30**  
Soft Pretzel Rod  
Sun Butter  
  
Diced Pears  
Baby Carrots  
  
Low-Fat or Skim Milk

**1**  
Fruit & Cheese Plate  
(Tossed Salad with Cheddar Cheese  
and Sliced Apples)  
  
Goldfish Crackers  
  
Low-Fat or Skim Milk

**2**  
Yogurt, Cheese Stick  
Saltine Crackers  
  
Banana  
Cucumber Slices  
  
Low-Fat or Skim Milk

**3**  
Ham & Cheese Sdw. Half  
Cheese Stick  
  
Diced Peaches  
Garbanzo Beans  
  
Low-Fat or Skim Milk

**4**  
Turkey & Cheese Half  
Sandwich  
  
Applesauce  
Fresh Broccoli  
  
Low-Fat or Skim Milk

**7**  
Egg Chef Salad  
Goldfish Crackers  
  
Diced Pears  
  
Low-Fat or Skim Milk

**8**  
Turkey & Cheese Sdw  
Half  
  
Mixed Fruit  
Green Pepper Strips  
  
Low-Fat or Skim Milk

**9**  
Sun Butter Sandwich Half  
  
Banana  
Cucumber Slices  
  
Low-Fat or Skim Milk

**10**  
Turkey-Bologna &  
Cheese Sandwich Half  
Cheese Stick  
  
Diced Peaches  
Garbanzo Beans  
  
Low-Fat or Skim Milk

**11**  
NO SCHOOL  
  


**14**  
Turkey & Cheese Sdw Half  
  
Diced Pears  
Baby Carrots  
  
Low-Fat or Skim Milk

**15**  
Fruit & Cheese Plate  
(Tossed Salad with Cheddar  
Cheese and Sliced Apples)  
  
Goldfish Crackers  
  
Low-Fat or Skim Milk

**16**  
Sun Butter Sandwich Half  
  
Banana  
Cucumber Slices  
  
Low-Fat or Skim Milk

**17**  
Ham & Cheese Sdw. Half  
Cheese Stick  
  
Diced Peaches  
Garbanzo Beans  
  
Low-Fat or Skim Milk

**18**  
Hard Boiled Egg  
Saltine Crackers  
  
Applesauce  
Fresh Broccoli  
  
Low-Fat or Skim Milk

**21**  
Turkey-Bologna &  
Cheese Sandwich Half  
Cheese Stick  
  
Diced Pears  
Baby Carrots  
  
Low-Fat or Skim Milk

**22**  
Egg Chef Salad  
Pretzel Rod  
  
Mixed Fruit  
  
Low-Fat or Skim Milk

**23**  
Turkey & Cheese Sdw Half  
  
Diced Peaches  
Cucumber Slices  
  
Low-Fat or Skim Milk

**24**  
Goldfish Crackers  
Cheese Sticks  
  
Cinnamon Applesauce  
Baby Carrots  
  
Low-Fat or Skim Milk

**25**  
Have a Happy &  
Safe Summer!  
  




**What Make a Meal?**

Lunch meals consist of a serving of fruit, vegetable, whole grains, meat/meat alternate and unflavored low-fat or skim milk.



Students must take all items to make a meal.

**Prices:**

Lunch Meal ..... \$ 2.85  
Reduced Lunch..... \$ .40

Your student may be eligible for free or reduced price meals. Check the D300 website or contact your school office for more information.