

### Make payments to your student's cafeteria account online or with the MyPaymentsPlus mobile app

- View student cafeteria balances anytime, from anywhere
- See what your student is purchasing in the cafeteria
- Set up alerts so you know when the balance is low

### Signing up is FREE and easy:

- Visit [www.mypaymentsplus.com](http://www.mypaymentsplus.com)
- Click "Register a free account"
- Add your students using their Student ID Numbers



### What Makes A Meal?

Lunch menus offer a variety of entree, fruit, vegetable and milk selections daily. Students must take at least 1/2 cup fruit or vegetable and 2 other components to make a meal.

All foods have a place in a balanced diet. So on occasion, students who purchase lunch will be offered a FREE dessert with their meal. These treats have been carefully chosen to meet USDA guidelines while still adding fun and variety to our menu.



**13**

No School – Last Day of Summer Break!

**14**

BBQ Pork Riblet  
Bacon Cheeseburger  
T. Bologna & Cheese Sub  
All-American Cobb Salad with Seasoned Croutons

**NEW!**

Vegetarian Baked Beans  
Fresh Fruit & Vegetable Bar

**15**

Ham & Cheese  
Baked Potato w/WG Roll  
Honey Mustard Chicken Melt  
Turkey Sandwich Half  
**NEW!** w/Goldfish & String Cheese  
Buffalo Chicken Salad with WG Roll

Steamed Broccoli  
Fresh Fruit & Vegetable Bar

**16**

Chicken & Biscuits **NEW!**  
Toasted Cheese & Bacon  
BBQ Chicken Wrap  
Tossed Salad with Apples & Cheese w/Saltines

Orange Glazed Carrots  
Fresh Fruit & Vegetable Bar

**17**

Orange Popcorn Chicken w/Broccoli & Brown Rice  
Pizza Burger  
Ham Sandwich Half **NEW!**  
w/Goldfish & String Cheese  
Ham Chef Salad w/WG Roll

Seasoned Green Beans  
Fresh Fruit & Vegetable Bar

**20**

**NEW!** Fish Bites w/Chili Sriracha Sauce & WG Breadstick  
Buffalo Chicken Sandwich  
Ham Sandwich Half w/Goldfish & String Cheese  
Italian Salad w/Garlic Herb FB

Vegetarian Baked Beans  
Fresh Fruit & Vegetable Bar

**21**

Spicy Popcorn Chicken Bowl w/WG Breadstick  
Cajun Burger **NEW!**  
Ranch Chicken Wrap  
Tossed Salad with Apples & Cheese w/Saltines

Golden Corn  
Fresh Fruit & Vegetable Bar

**22**

Ravioli with Marinara Sauce & WG Breadstick **NEW!**  
Spicy Chicken Sandwich  
Egg Salad Sandwich Half w/Goldfish & String Cheese  
Turkey Chef Salad with WG Roll

Steamed Broccoli  
Fresh Fruit & Vegetable Bar

**23**

Chicken Tenders w/Thai Sate Sauce & Brown Rice  
Parmesan Black Pepper **NEW!**  
Ranch Burger  
Egg Chef Salad with Seasoned Croutons

Seasoned Green Peas  
Fresh Fruit & Vegetable Bar  
**Rosy Applesauce**

**24** Early Release

Jalapeno Cheese Dog  
Turkey Sandwich Half w/Goldfish & String Cheese  
Popcorn Chicken Salad with WG Dinner Roll

Orange Glazed Carrots  
Fresh Fruit & Vegetable Bar

**27**

BBQ Chicken Cheddar  
Flatbread Sandwich  
Pizza Burger **NEW!**  
Ham Sandwich Half  
**NEW!** w/Goldfish & String Cheese  
Ham Chef Salad w/WG Roll

Green Beans & Carrots  
Fresh Fruit & Vegetable Bar

**28**

Fish Tacos  
Spicy Chicken Sandwich  
T. Bologna & Cheese Wrap  
Buffalo Chicken Salad with WG Roll  
**Vanilla Pudding**

Kickin' Pinto Beans  
Fresh Fruit & Vegetable Bar

**29**

Chicken Fajitas **NEW!**  
Buffalo Chicken Sandwich  
Egg Salad Sandwich Half w/Goldfish & String Cheese  
Tossed Salad with Apples & Cheese w/WG Roll

Seasoned Corn  
Fresh Fruit & Vegetable Bar

**30**

Meatloaf with WG Roll **NEW!**  
Honey Mustard Chicken Melt  
SW Chicken Wrap  
Turkey Chef Salad w/Seasoned Croutons

Mashed Potatoes & Gravy  
Fresh Fruit & Vegetable Bar

**31**

Bosco Sticks with Marinara  
Taco Cheeseburger **NEW!**  
Turkey Sandwich Half w/Goldfish & String Cheese  
All-American Cobb Salad w/Garlic Herb Flatbread

Steamed Broccoli  
Fresh Fruit & Vegetable Bar

Lunch Meal:	\$2.95	1% Milk, Fat-Free Milk & Fat-Free Chocolate Milk Available Daily
Reduced Meal:	\$0.40	
Adult Meal:	\$3.45	Variety of fresh seasonal fruits & vegetables are offered daily!
Milk (only):	\$0.50	
Ala carte side:	\$0.60	
Ala carte entree:	\$2.80	

**OFFERED DAILY**

Hamburger/Cheeseburger/Chicken Patty/Hot Dog \* Cheese Pizza & Pepperoni Pizza \* Soft Baked Pretzel with Cheese \* Sun Butter & Jelly Sandwich \* Cheese Sandwich \* Tossed Salad w/ Cheese & Bread \* Spicy Popcorn Chicken (Mon & Thurs) \* Chicken Nuggets (Tue & Fri) \* Chicken Tenders (Wed) \* French Fries or Tater Tots (Mon-Wed-Fri)