

NEW! Special Treats to Enjoy with Lunch



All foods have a place in a balanced diet. So on occasion, students who purchase lunch will be offered a FREE dessert with their meal. These treats have been carefully chosen to meet USDA guidelines while still adding fun and variety to our menu. This month's treats are **sugar-free gelatin** and **reduced-fat pudding**.

National Cheeseburger Day
pledge your allegiance to cheese!

YOU'LL FLIP
IT'S NATIONAL PANCAKE DAY!

1 Early Release
Red Pepper Cheeseburger
Popcorn Chicken Salad w/ Fresh Baked Breadstick
Ham & Turkey Sdw w/ Cheese
Steamed Broccoli, Fresh Baby Carrots, Tossed Salad, 100% Apple Juice, Banana, Fresh Orange

4
No School – Labor Day

5
Mac & Cheese w/ Ham
BBQ Pork Riblet Sandwich
Pretzel, Yogurt & Cheese Pack
Turkey & Cheese Sandwich

Orange Glazed Carrots, Jicama Sticks, Tossed Salad, 100% Apple Juice, Fresh Apple, Fresh Orange

6
French Tst Sticks w/ Cheesy Scrambled Eggs
Pesto Cheeseburger
Breaded Chkn Caesar Salad w/ Bread
Three Cheese Wrap
Seasoned Green Beans, Celery Sticks, Tossed Salad, 100% Fruit Juice, Banana, Fresh Orange

7
Chicken Soft Tacos
BBQ Onion Cheeseburger
Fruit & Cheese Plate w/ Bread
Ham & Cheese Sandwich

Kickin' Pintos, Fresh Baby Carrots, Tossed Salad, 100% Orange Juice, Banana, Fresh Apple

8
Mini Chicken Corn Dogs
Sriracha Crunch Chzburger
Egg Chef Salad w/ Flatbread
Sunbutter & Jelly Wrap

Steamed Broccoli, Cucumber Slices, Tossed Salad, 100% Apple Juice, Banana, Fresh Orange

11
Ciabatta Patty Melt
Chicken Cheeseburger
Ranch Chicken Salad
Ham & Turkey Sandwich w/ Cheese
Seasoned Green Peas, Fresh Broccoli, Tossed Salad, 100% Apple Juice, Fresh Apple, Fresh Orange

12
Nacho Cheese Walking Taco
BBQ Chicken Melt
All-American Salad
Three Cheese Wrap
Seasoned Golden Corn, Red Peppers, Tossed Salad, 100% Apple Juice, Fresh Apple, Fresh Orange

13
Grilled Ham & Cheese Sandwich
Corn Dog
Egg Chef Salad
Honey Mustard Chicken Wrap
Vegetarian Baked Beans, Cucumber Slices, Tossed Salad, 100% Apple Juice, Banana, Fresh Orange
Special Treat: Vanilla Pudding

14
Fish Sticks w/ Mac & Cheese
Spicy Chicken Patty Sandwich
Pretzel, Yogurt & Cheese Pack
Turkey & Cheese Sandwich

Steamed Broccoli, Celery Sticks, Tossed Salad, 100% Orange Juice, Watermelon, Fresh Apple

15
Pancakes w/ Cheddar Cheese Omelet
Red Pepper Cheeseburger
Popcorn Chicken Salad w/ Flatbread
Ham & Cheese Sandwich
Seasoned Green Beans, Fresh Baby Carrots, Tossed Salad, 100% Apple Juice, Banana, Fresh Orange

18 Nat'l Chzburger Day
Bacon Cheeseburger
Oven Roasted Chkn Drumstick w/ Dinner Roll
All-American Salad w/ Roll
Turkey & Cheese Sandwich
Garlic Mashed Potatoes, Fresh Broccoli, Tossed Salad, 100% Fruit Juice, Fresh Apple, Fresh Orange
Special Treat: Cherry Gelatin

19
Loaded Bean & Rice Bowl w/ Tortilla Chips
Cheesy Chicken Patty Sdw
Fruit & Cheese Plate
Ranch Chicken Wrap
Green Beans w/ Margarine
Fresh Red Peppers, Tossed Salad, 100% Apple Juice, Fresh Apple, Fresh Orange

20
Cheese & Bacon Baked Potato w/ Fresh Baked Breadstick
Chzbrgr w/ Red Pepper Sauce
Popcorn Chicken Salad w/ Fresh Baked Breadstick
Ham & Cheese Sandwich
Veg. Bkd Beans, Banana, Fresh Cucumber, Tossed Salad, 100% Fruit Juice, Fresh Orange

21
Rotini w/ Italian Meat Sauce
Spicy Chicken Patty Sandwich
Egg Chef Salad w/ Dinner Roll
Sunbutter & Jelly Wrap

Orange Glazed Carrots, Celery Sticks, Tossed Salad, 100% Orange Juice, Banana, Fresh Apple

22 Early Release
Corn Dog
All-American Salad
Three Cheese Wrap
Steamed Broccoli
Fresh Baby Carrots, Tossed Salad, 100% Apple Juice, Banana, Fresh Orange

25
BBQ Meatball Sub
Breaded Chicken Salsa Melt
Ham Chef Salad
Turkey & Cheese Sandwich
Seasoned Green Beans, Fresh Tomato Wedges, Tossed Salad, 100% Fruit Juice, Fresh Apple, Fresh Orange

26 National Pancake Day
Chzy Ham&Egg Pancake Panini
BBQ Onion Cheeseburger
Ranch Chicken Salad w/ Flatbread
Ham & Turkey Sdw w/ Cheese
Seasoned Green Peas, Fresh Cucumber, Tossed Salad, 100% Apple Juice, Fresh Apple, Fresh Orange

27
Gourmet Macaroni & Cheese
Sriracha Crunch Chzburger
Breaded Chicken Caesar Salad
Honey Mustard Chicken Wrap

Steamed Carrots, Celery Sticks, Tossed Salad, 100% Fruit Juice, Banana, Fresh Orange

28
Tater Bite Chicken Nachos w/ Tortilla Chips
Pesto Cheeseburger
Fruit & Cheese Plate
Egg Salad Wrap
Refried Beans, Fresh Baby Carrots, Tossed Salad, 100% Orange Juice, Banana, Fresh Apple

29
Grilled Cheese Sandwich
BBQ Pork Riblet
Egg Chef Salad w/ Dinner Roll
Ham & Cheese Sandwich
Steamed Broccoli, Fresh Red Peppers, Tossed Salad, 100% Apple Juice, Banana, Fresh Orange
Special Treat: Choc. Pudding

Lunch Meal:	\$2.85
Reduced Meal:	\$0.40
Adult Meal:	\$3.35
Milk (only):	\$0.50
Ala carte side:	\$0.60
Ala carte entree:	\$2.80

What Makes A Meal?

Lunch menus offer a variety of entree, fruit, vegetable, and milk selections daily. Students must take at least ½ cup fruit or vegetable and 2 other items to make a meal.

OFFERED DAILY

Hamburger/Cheeseburger/Chicken Patty/Hot Dog * Cheese Pizza & Pepperoni Pizza * Soft Baked Pretzel with Cheese * Sun Butter & Jelly Sandwich * Cheese Sandwich * Tossed Salad w/ Cheese & Bread * Spicy Popcorn Chicken (Mon & Thurs) * Chicken Nuggets (Tue & Fri) * Chicken Tenders (Wed) * French Fries or Tater Tots (Mon-Wed-Fri)