the ines

Middle School Breakfast Menu

refresh. refuel. relax.

November 2018

29

Egg & Cheese Muffin Melt Powdered Sugar Donut Variety of Pop Tarts

100% Apple Juice Fresh Fruit Variety 30

Chicken Breakfast Wrap Strawberry Mini Pancakes Variety of Pop Tarts

100% Fruit Juice Fresh Fruit Variety 31

Sausage & Cheese Breakfast Biscuit Vanilla Glazed Donut Variety of Pop Tarts

100% Orange Juice Fresh Fruit Variety 1

Country Chicken Muffin Melt Maple Mini Waffles Variety of Pop Tarts

100% Fruit Juice Fresh Fruit Variety 2

November Special

Ham & Cheese Breakfast Biscuit

Maple Bacon Donut

Variety of Pop Tarts

100% Apple Juice Fresh Fruit Variety

5

Sausage & Cheese English Muffin Chocolate Glazed Donut Variety of Muffins

100% Apple Juice Fresh Fruit Variety 6

Cheddar Omelet w/Bread & Jelly & Hash Brown Apple Frudel Variety of Muffins

100% Fruit Juice Fresh Fruit Variety November Special

Turkey-Sausage Pancake Wrap Maple Bacon Donut

Variety of Muffins

100% Orange Juice Fresh Fruit Variety 8

Toasted Ham & Cheese Half Mini Strawberry Cream Cheese Bagels Variety of Muffins

100% Fruit Juice Fresh Fruit Variety 9

Egg & Cheese English Muffin Vanilla Glazed Donut Variety of Muffins

100% Apple Juice Fresh Fruit Variety

12

T.Ham & Cheese Bosco Stick Cinnamon Sugar Donut Variety of Muffins

100% Apple Juice Fresh Fruit Variety 13

Egg & Cheese Biscuit Mini Blueberry Waffles Variety of Muffins

100% Fruit Juice Fresh Fruit Variety 14

Country Chicken & Cheese Muffin Chocolate Glazed Donut Variety of Muffins

100% Orange Juice Fresh Fruit Variety 15

Breakfast Sausage Pizza Cinnamon Roll Variety of Muffins

100% Fruit Juice Fresh Fruit Variety 16

November Special

Maple Bacon
Donut

Donut Variety of Muffins

100% Apple Juice Fresh Fruit Variety

EARLY RELEASE

Have A Happy Fall Break!



26

Breakfast Sausage Pizza Cinnamon Sugar Donut Variety of Muffins

100% Apple Juice Fresh Fruit Variety 27

Egg & Cheese Biscuit Cinnamon French Toast Variety of Muffins

100% Fruit Juice Fresh Fruit Variety November Special

Cheese Bosco Stick
Maple Bacon
Donut
Variety of Muffins

100% Orange Juice Fresh Fruit Variety 29

Sausage & Cheese English Muffin Cherry Frudel Variety of Muffins

100% Fruit Juice Fresh Fruit Variety 30

Turkey-Sausage Pancake Wrap Chocolate Glazed Donuts Variety of Muffins

100% Apple Juice Fresh Fruit Variety

Breakfast Meal: \$1.50 Reduced Meal: \$0.30 Adult Meal: \$2.00

Milk (only): \$0.50 Ala carte side: \$0.60 Ala carte entree: \$1.75 Did you know?

If your student is eligible for free or reduced price lunch he is also eligible for free or reduced price breakfast.

1% Milk, Fat-Free Milk & Fat-Free Chocolate Milk
Available Daily

Variety of Cereal Bars & Oatmeal Bars, Muffins or Pop Tarts, Animal Crackers, String Cheese & Hard-Boiled Eggs Offered Daily

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