Middle School Breakfast Menu April 2018

Maple Bacon Donut Cinnamon Cream Cheese

Mini Bagel **PopTarts**

100% Orange Juice Fresh Fruit

Cherry Frudel Ctry Chkn & Chz Eng Muffin PopTarts

100% Apple Juice Fresh Fruit

Egg & Cheese Fundle Powdered Sugar Donut **PopTarts**

100% Fruit Juice Fresh Fruit

Strawberry Pancakes Ctry Chkn & Chz Eng Muffin **PopTarts**

100% Apple Juice Fresh Fruit

Grilled Ham & Cheese Half Vanilla Glazed Donut PopTarts

100% Fruit Juice Fresh Fruit

Make it a Melt!

Three Cheese Mexi Donut Melt

Cinnamon Sugar Donut **PopTarts**

100% Orange Juice Fresh Fruit

16

Breakfast Corn Dog Cinnamon Sugar Donut Muffins

100% Orange Juice Fresh Fruit



Sausage Breakfast Pizza Egg & Cheese Bagel PopTarts

100% Apple Juice Fresh Fruit

Cheesy Omelet with Hash Brown Patty Chocolate Glazed Donut **PopTarts**

100% Fruit Juice Fresh Fruit

Chocolate Chip Ultimate Breakfast Round Egg & Cheese Bagel **PopTarts**

100% Apple Juice Fresh Fruit

Strawberry Cream Cheese Mini Bagels Powdered Sugar Donut PopTarts

100% Fruit Juice Fresh Fruit

Mini French Toast Sausage & Cheese Muffin Muffins

100% Apple Juice Fresh Fruit

Chocolate Glazed Donut Country Chicken & Cheese **Biscuit** Muffins

100% Fruit Juice Fresh Fruit

19

Make it a Melt!

Egg & Cheese Donut Melt Sausage & Cheese Muffin Muffins

100% Apple Juice Fresh Fruit

20

Sausage Breakfast Pizza Powdered Sugar Donut Muffins

100% Fruit Juice Fresh Fruit

23



24

Cinnamon Roll Cheesy Ham Biscuit PopTarts

100% Apple Juice Fresh Fruit

25

Cinnamon Sugar Donut Holes

Apple Frudel **PopTarts**

100% Fruit Juice Fresh Fruit

26

Blueberry Waffle Cheesy Ham Biscuit PopTarts

100% Apple Juice Fresh Fruit

27

Breakfast Corn Dog Chocolate Glazed Donut PopTarts

100% Fruit Juice Fresh Fruit

30

Egg & Cheese Muffin Glazed Donut **PopTarts**

100% Orange Juice Fresh Fruit

Offered Daily

Variety of Cold Cereals, Crackers & Cheese Stick Muffins or PopTarts

> **Milk Choices** 1% White Milk

Fat Free White Milk Fat Free Chocolate Milk WITH BREAKFAST!

A FUN Breakfast can also be a HEALTHY breakfast!



- *All menus meet USDA regulations that limit calories, saturated fat, Trans fat and sodium
- *All grains served are WHOLE GRAINS; many are reduced fat and/or reduced sugar
- *Even our Donuts are made with whole grains so they meet USDA healthy nutritional requirements!

Breakfast Meal: \$1.50 Reduced Meal: \$0.30 Adult Meal: \$2.00

Milk (only):

Ala carte side: \$0.60 Ala carte entree: \$1.75

\$0.50

If your student has any dietary needs or restrictions please contact your school's kitchen supervisor or call the Aramark office at 847.551.8485

Manage your student's meal account with:



Pay for meals, view cafeteria purchases, receive low balance alerts, or enroll in autopay. www.mypaymentsplus.com

This institution is an equal opportunity provider.

