

# High School Breakfast Menu

November 2018

**29**

T.Ham Bosco Stick

Powdered Sugar Donut

100% Apple Juice  
Fresh Fruit Variety

**30**

Egg & Cheese Bagel

Strawberry Mini Pancakes

100% Fruit Juice  
Fresh Fruit Variety

**31**

Sausage & Cheese Breakfast Biscuit

Vanilla Glazed Donut

100% Orange Juice  
Fresh Fruit Variety

**1**

Country Chicken Muffin Melt

Maple Mini Waffles

100% Fruit Juice  
Fresh Fruit Variety

**2** **November Special**

Ham & Cheese Breakfast Biscuit

**Maple Bacon Donut** 

100% Apple Juice  
Fresh Fruit Variety

**5**

Sausage & Cheese English Muffin

Chocolate Glazed Donut

100% Apple Juice  
Fresh Fruit Variety

**6**


Turkey-Sausage Pancake Wrap

Apple Frudel

100% Fruit Juice  
Fresh Fruit Variety

**7** **November Special**

Cheddar Omelet w/Toast & Hash Brown

**Maple Bacon Donut** 

100% Orange Juice  
Fresh Fruit Variety

**8**

Toasted Ham & Cheese Half

Mini Strawberry Cream Cheese Bagels

100% Fruit Juice  
Fresh Fruit Variety

**9**

Bacon, Egg & Cheese English Muffin

Vanilla Glazed Donut

100% Apple Juice  
Fresh Fruit Variety

**12**

Cheese Bosco Stick

Cinnamon Sugar Donut

100% Apple Juice  
Fresh Fruit Variety

**13**

Egg & Cheese Biscuit

Blueberry Waffle

100% Fruit Juice  
Fresh Fruit Variety

**14**

Country Chicken Muffin

Chocolate Glazed Donut

100% Orange Juice  
Fresh Fruit Variety

**15**

Sausage Breakfast Pizza

Cinnamon Roll

100% Fruit Juice  
Fresh Fruit Variety

**16** **November Special**

**Maple Bacon Donut** 

100% Apple Juice  
Fresh Fruit Variety

**EARLY RELEASE**

## Have A Happy Fall Break!



**26**

Breakfast Sausage Pizza

Vanilla Glazed Donut

100% Apple Juice  
Fresh Fruit Variety

**27**


Egg & Cheese Biscuit

Cinnamon French Toast

100% Fruit Juice  
Fresh Fruit Variety

**28** **November Special**

Cheese Bosco Stick

**Maple Bacon Donut** 

100% Orange Juice  
Fresh Fruit Variety

**29**

Sausage & Cheese English Muffin

Cherry Frudel

100% Fruit Juice  
Fresh Fruit Variety

**30**

Turkey-Sausage Pancake Wrap

Chocolate Glazed Donut

100% Apple Juice  
Fresh Fruit Variety

**Offered Daily**

\*Chilled Fruit & 100% Fruit Juice

\*Egg & Cheese Muffin or Sausage Egg & Cheese Muffin

\*Variety of Pop-Tarts, Muffins, Cereal, Cereal Bars, Granola Bars, Crackers & Yogurt

**Milk Choices**

- \*1%
- \*Fat Free, Unflavored
- \*Chocolate Fat Free



**What Makes A Meal?**

Breakfast menus offer a variety of entree, fruit and milk selections daily. Students must take at least ½ cup fruit and 2 other items to make a meal.

Breakfast Meal:	\$1.50
Reduced Meal:	\$0.30
Adult Meal:	\$2.00
Milk (only):	\$0.50
Ala carte side:	\$0.60
Ala carte entree:	\$1.75