

# High School Breakfast Menu

December 2017

Try a tasty twist to your favorite breakfast sandwich!

Melted cheddar, pepper jack & mozzarella cheese over scrambled eggs with salsa atop a donut – Dec. 5

Country gravy, chicken sausage, & scrambled eggs covered in melted cheddar atop a donut – Dec. 13

**December 7  
Cinn Toast Crunch  
Donut Day!**

Pumpkin spice glazed donut topped with cinnamon toast crunch cereal



**December 18  
Egg & Cheese  
Fundle**

A savory blend of eggs, potatoes and cheese stuffed inside a biscuit-style crust



**December 19  
Cocoa Puff  
Donut Day!**

Iced chocolate covered donut topped with cocoa puffs cereal



1

- Sausage Breakfast Pizza
- Powdered Sugar Donut

4

- Maple Mini Waffles
- Vanilla Glazed Donut

5

**Make it a Melt!**

• **Cheesy Salsa Egg Donut Melt**

- Cinnamon Roll



6

- Bacon, Egg and Cheese Sandwich
- Powdered Sugar Donut

7

• **Cinnamon Toast Crunch Donut**

- Ham and Cheese Biscuit



8

- Ham & Cheese Muffin
- Chocolate Glazed Donut

11

- Country Chicken Biscuit
- Powdered Sugar Donut

12

- Apple Frudel
- Powdered Sugar Donut Holes



13

**Make it a Melt!**

• **Country Sausage & Egg Donut Melt**

- Grilled Ham & Cheese

14

- Sausage Breakfast Pizza
- Cinnamon Roll



15

- Egg, Ham & Cheese Flatbread Sandwich
- Vanilla Glazed Donut

Celebrate the Season with a Warm **Maple Glazed Donut!**

Available for Breakfast All Week!

18

- NEW**
- **Egg & Cheese Fundle**
  - Cinnamon Sugar Donut

19

**Final Exam Schedule**

• **Cocoa Puff Donut**



20

**Final Exam Schedule**

- Breakfast Corn Dog

21

**Final Exam Schedule**

- Ham & Cheese Muffin



22

**Winter Break!**

Manage your student's meal account with:



Pay for meals, view cafeteria purchases, receive low balance alerts, or enroll in autopay.

[www.mypaymentsplus.com](http://www.mypaymentsplus.com)

## What Makes A Meal?

Breakfast menus offer a variety of entree, fruit & milk selections daily. Students must take at least ½ cup fruit & 2 other items to make a meal.

## Did You Know??

\*If your student is eligible free or reduced price lunch, he/she is also eligible for free or reduced price breakfast

### Offered Daily:

- Chilled Fruit & 100% Fruit Juice
- Egg & Cheese Muffin or Sausage Egg & Cheese Muffin
- Variety of Pop-Tarts, Muffins, Cereal, Cereal Bars, Granola Bars, Crackers & Yogurt

### Available Daily:

- 1% Milk
- Fat Free Milk
- Chocolate Fat Free Milk

December Special:  
Enjoy hot chocolate every  
Tuesday & Thursday at  
Breakfast!



Available as part of your  
breakfast meal!

Breakfast Meal:	\$1.50
Reduced Meal:	\$0.30
Adult Meal:	\$2.00
Milk (only):	\$0.50
Ala carte side:	\$0.60
Ala carte entree:	\$1.75