

# Boys and Girls Club Snack Menu

December 2017

27

- Plain Bagel w/ Grape Jelly
- 100% Apple Juice

28

- Cheese Cubes
- Saltine Crackers

29

- Apple Cinnamon Muffin
- Low-Fat Milk

30

- Mini Baked Pretzel
- Cheese Stick

1

- Goldfish Crackers
- 100% Orange Juice

4

- Blueberry Muffin
- Low-Fat Milk

5

- Cheez-It Crackers
- 100% Apple Juice

6

- Cinnamon Raisin Bagel w/ Grape Jelly
- Low-Fat Milk

7

- Mini Baked Pretzel
- Raspberry Yogurt

8

- Red Delicious Apple
- Cheese Cubes

11

- Cheese Cubes
- Saltine Crackers

12

- Blueberry Muffin
- Low-Fat Milk

13

- Strawberry Banana Yogurt
- Animal Crackers

14

- Pretzels
- 100% Orange Juice

15

- Plain Bagel w/ Grape Jelly
- Low-Fat Milk

18

- Goldfish Crackers
- 100% Apple Juice

19

- Red Delicious Apple
- Cheese Stick

20

- Chocolate Muffin
- Low-Fat Milk

21

- Cheese Cubes
- Saltine Crackers

22

**Winter Break**



Enjoy your  
Winter Break!



**Eat smart**  
to **Play Hard**



**Eat fruits & veggies**  
at meals & for snacks

**Eat Smart**  
to **Play Hard**



**Drink milk**  
at meals